



## State of Maryland

### Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

## MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

### Minutes

**September 17, 2013**

**Maryland Advisory Council Members:** Gerald Beemer, Sarah Burns, Chair; M. Sue Diehl, Vice Chair; Mike Finkle, Dennis McDowell, Joanne Meekins, Livia Pazourek, Robert M. Pender, Charles Reifsnider, Anita Solomon

**Maryland Advisory Council Members Absent:** Richard Blair, Jaimi L. Brown, Michele Forzley, Joshana Goga, Edwin C. Oliver, John Scharf, John Turner, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

**PL 102-321 Council Members Present:** T.E. Arthur, Coordinator; Michael Bluestone, Naomi Booker, Eugenia W. Conolly, Jan Desper, Nancy Feeley, Ann Geddes, Victor Henderson, Julie Jerscheid, George Lipman, Cynthia Petion, Michelle Stewart, Kathleen Ward, Phoenix Woody

**PL 102-321 Council Members Absent:** Lynn Albizo, Robert Anderson, Chicquita Crawford, Herb Cromwell, Kate Farinholt, R. Terence Farrell, Vira Froehlinger, A. Scott Gibson, Gerri Gray, Adrienne Hollimon, Frank Kolb, Michael Lang, Sharon Lipford, William Manahan, Dan Martin, Jacqueline Powell, Linda Raines, Sarah Rhine, Sheryl Sparer, Jane Walker

**MHA Staff Present:** Brian Hepburn, Carrie Freshour, Robin Poponne, Carole Frank, Iris Reeves, Greta Carter

### **Guests and Others:**

Zereana Jess-Huff, ValueOptions@Maryland;  
Trinita Robinson, American Health Lawyers Association (AHLA);  
Tammy Black, Access Carroll; Cathy Baker, Carroll County Health Department-Bureau of Prevention, Wellness, and Recovery; Lori Doyle, Mosaic Community Services;

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c/o Mental Hygiene Administration

Spring Grove Hospital Center – 55 Wade Avenue – Dix Building – Catonsville MD 21228 – (410) 402-8473

TDD for Disabled – Maryland Relay Service (800) 735-2258

**Healthy People in Healthy Communities**

### **INTRODUCTIONS/ADOPTION OF MINUTES:**

The meeting was called to order by Council Chair, Sarah Burns. Attendees introduced themselves. The draft minutes of the July 16, 2013 meeting were approved. Please note that the approved minutes will be posted on the Mental Hygiene Administration's (MHA) Web site at [www.dhmh.maryland.gov/mha](http://www.dhmh.maryland.gov/mha). The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

### **THE DIRECTOR'S REPORT:**

MHA's Executive Director, Brian Hepburn, M.D.

Dr. Hepburn reported that MHA's budget is on target at this time and also highlighted the following activities:

- **The Behavioral Health Integration Process:**

A proposed organizational chart, combining staff of the two administrations, has been approved by the Department of Budget Management and is scheduled to begin in July 2014. In addition, State Medicaid will have an expanded role. Administrative financing and compliance will come under its purview and possibly other areas such as the administrative services organization (not yet decided). These changes are slated for January 2015 depending on the completion of the changes to the Medicaid Management Information System (MMIS). Also, before these changes are made, there are issues to be addressed in the areas of uninsured needs, safety net, and seamlessness of service delivery.

- **Affordable Care Act: Maryland's Implementation Efforts:**

At this time, 25 states are preparing to incorporate Health Care Reform. Maryland will be ready on October 1<sup>st</sup> and will promote its efforts through Maryland Health Connection at [www.MarylandHealthConnection.gov](http://www.MarylandHealthConnection.gov) (please see attachment for additional information). Navigators have been contracted who will assist individuals and families in the process of enrollment. The toll-free phone number for the Customer Support Center is 1-855-642-8572, and 1-855-642-8573 for TTY service. Please visit the Website for hours of operation or contact the customer support.

**PANEL PRESENTATIONS: TWO MODELS OF INTEGRATION OF BEHAVIORAL HEALTH WITH PRIMARY CARE** – Mosaic Community Services – Lori Doyle, Chief Operating Officer; Carroll County Health Department, Bureau of Addiction Treatment and Access Carroll, Inc. – Cathy Baker, Assistant Bureau Director for the Bureau of Prevention, Wellness, and Recovery and Tammy Black, Executive Director, Access Carroll, Inc.

**Mosaic Community Services – Lori Doyle**

Ms. Doyle highlighted Mosaic Community Services integration efforts. Mosaic's Primary Care Practice which has begun in October 2010 from a grant program through the Maryland Community Health Resources Commission and Stulman Foundation. The program originally served individuals with mental health, substance use, or co-occurring issues who hadn't had a primary care visit in at least 6 months. In the first year there were 1,006 encounters at the practice with 259 enrollees in the program. Some of the benefits of integrated care included improved access to care, reduction in stigma, and reduction in inappropriate use of emergency department (ED) visits and inpatient care.

Additionally, she noted that some of the barriers to good primary care for the behavioral health population consisted of clinical issues, transportation, child care, and problems accessing specialty care for Medicaid and uninsured clients. Other issues stemmed from challenges of collaboration across two different cultures, space and systems issues.

Ms. Doyle provided an overview of Mosaic Services and Integrated Care Strategies. Services include, but are not limited to: outpatient mental health clinics, psychiatric rehabilitation, residential rehabilitation and supported housing, vocational, adult medical day care, and targeted case management. Integrated Care Strategies include: Medical Day Care, Co-location with Federally Qualified Health Center (FQHC), Reverse Co-location-primary care practice located in Mosaic facility, wellness and health initiatives – bimonthly educational series, research initiatives and many others. Please refer to handout for comprehensive listing. Noted outcomes measured to date: Year One (Oct 2010 – Oct 2011):

- Total enrollees – 259
- Total # of encounters – 1006
- # of Emergency Department visits – somatic/psychiatric – 26
- # of inpatient admissions – somatic/psychiatric – 11
- # of consults with psychiatric practitioner – 148
- # of individuals prescribed meds for somatic condition – 33
- # of individuals assisted in enrolling in MA/PAC/MC – 57
- # of individuals referred to Person Centered Care – 214

Ms. Doyle also highlighted Maryland's efforts on the Behavioral Health Home Initiative, which is set to start in October, 2013.

**Access Carroll Integrated Health Care – Cathy Baker and Tammy Black**

Ms. Baker, along with Ms. Black, provided an overview of the integrated health care services in Carroll County, Maryland. Access Carroll, Inc. an integrated patient-centered medical home, serves low income residents of Carroll County, was created out of a need for community-based, primary care practice/health home for uninsured adults. This integrated health care model is a partnership with Carroll County Health Department, Bureau of Addictions Treatment, Carroll Hospital Center, and Community Service Providers.

The following program highlights were discussed:

- Innovative care team approach
- State of the Art Facility with integrated service lines (Medical, Dental, Behavioral Health and Substance Abuse Services).
- Electronic Health Record – Practice Partners
- Patient Photo ID System to improve patient care with access to WebView Health Record

Ms. Black also highlighted the benefits of integration which included:

- Utilization of best practices of public/private health-Whole Person Approach
- Reduction in Recidivism and Program Disruption
- Improved leveraging of funding

For a complete listing of benefits of integration and other outcomes, please refer to the attached handouts.

**COUNCIL BUSINESS:**

Livia Pazourek announced that Anne Arundel County has severely decreased the number of housing vouchers availability due to federal policy changes. She noted that many of the housing units are empty while individuals in need of housing cannot access them. The situation is forcing some organizations to spend funding, originally earmarked for mortgages, for rent instead. Ms. Pazourek has requested that a letter advocating for increased availability of housing vouchers be written to support the core service agency's effort in Anne Arundel County. The Council voted to write the letter of support.

The meeting was adjourned.

The Executive Committee will meet after the Council meeting.

**Please note, the Agenda for the November 19<sup>th</sup> Council meeting will be posted on the Advisory's Council's web page, under the resources section, on MHA's Web site [www.dhmf.maryland.gov/mha](http://www.dhmf.maryland.gov/mha).**